



Susan Farron Golf- Newsletter

July/Aug 2008

Hello golfers

This newsletter includes golf classes, quick tips, golf rules and Queenstown golf tour

Golf Classes:

Next Short Game Classes

Monday Aug 4th 9.30am-10.30am

Monday Sept 1st 9.30am-10.30am

Wednesday Sept 3rd 9.30am-10.30am

Next Adult - 4 Week Beginner Classes – spaces available

Monday Aug 25th 11am-12pm

Sunday Aug 31st 1pm-2pm

Junior Girls Golf Classes -spaces available

Sundays 11.30-12.30pm starting August 3rd \$20.00 per hour

Term Three Junior Classes on Mondays 4pm-5pm starting Aug 4th \$20.00 per hour – spaces available

Shared Half hour Golf Lessons available -\$27.50 each

Golf Course Lessons – One hour on Par 3 course. \$100.00 or share with a friend for \$50.00

Quick Golf Tips:

When playing awkward distances less than full shots

Hold your hands at the lowest part of the grip and take your normal swing

This will automatically take length off the club and allow you to make a positive swing without the ball flying too far.



Do you have a Pre-shot routine?

Pre shot routines help you become consistent and assist you to handle your nerves and pressure

Every time you get ready to play the ball. Have a repeatable routine that you can depend on. There are several elements you need to consider when practicing your routine

1. Walk directly behind your ball
2. Take a practice swing if you need to.
3. Pick your target
4. Visualize a line from the target to your ball.
5. Pick an intermediate target no more than two feet in front of the ball along that line
6. Step in to the ball deliberately aiming your club face at the intermediate target
7. Place your feet and position them parallel to the target line
8. Waggle or look at the target
9. Pull the trigger and go.

Putting Tip

Keep a steady head and remember to aim for 17 inches past the hole.

A short putt never goes in. Studies have shown the ideal speed for a putt to drop in the hole is at a speed that if it missed it would roll to 17 inches past the hole

Wet weather golf

In soggy wet playing conditions it is easy to hit chunky heavy shots from the fairway resulting in poor contact and little distance. Remember to keep steady in your legs and knees ie not too much leg action on your backswing. Maintain a level turn making sure your body doesn't rise too much through the swing.





Do you know these Golf Rules

Q: There is a bunker between Doris' ball and the hole. Before playing Doris smooths footprints in the bunker on her line of play. Is this permitted?

A: No - Doris is improving the line of play which is a breach of the rules Rule13-2

Q: Tom's ball strikes his golf bag and trundle while playing a shot. What if any is the penalty?

A: One stroke penalty. Rule 19-2b

If you need help with any of the golf tips come and see me or pick up a copy of NZ Golf Magazine at your supermarket or you can subscribe on line and read up on my monthly golf tips. If you know someone who would enjoy receiving these newsletters please let me know.

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www.susanfarrongolf.com

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